



# Caboolture State School Newsletter

12 George Street  
Caboolture Qld 4510  
Absence Line: 5431 4560  
Ph: 5431 4555  
Website: [www.cabooltuss.eq.edu.au](http://www.cabooltuss.eq.edu.au)

Issue 11: 10<sup>th</sup> August, 2018

## PRINCIPAL'S PAGE

### NON-UNIFORM DAY:

The Student Council held a non-uniform day today, Friday 13<sup>th</sup> August. They are raising money to install new drinking fountains throughout the school. Thank you to all students who helped them with this goal today.

### PRINCIPAL'S COMMENT:

As the Regional winner of the Showcase Award for Excellence in Indigenous Education (Ngara) we became eligible to progress to the State Final. Unfortunately, we were unsuccessful in moving on to the state level, however we received very positive feedback in relation to our submission. This feedback included commendations for cultural change, community engagement and support and provision of a designated teaching space. The selection panel indicated in their feedback we had a program which had exceptional potential for growth and they gave us a strong recommendation to resubmit our program in 2019. I would like to publicly congratulate our staff for their commitment to the introduction of Ngara and thank in particular, Mrs Wheat and Mrs Longmore who have been the driving force behind this program. Well Done!

### PREP ENROLMENTS 2019:

We are currently taking expressions of interest for prep enrolments for 2019. To be eligible for prep in 2019 a child must be born between 1<sup>st</sup> July 2013 and 30<sup>th</sup> June 2014. A

student born in July 2014 may be eligible for early entry to prep in 2019 if they meet certain criteria. An application for early entry is available from the office.

### PUBLIC HOLIDAY:

A reminder that the school will be closed on Monday 13 August as it is a public holiday in the Moreton Bay Region for the Brisbane Exhibition.

### THANK YOU:

Thank you Mat and the Officeworks staff for helping our school to celebrate Tree Day a little while ago. The donation of plants and your time to plant them is greatly appreciated.

**Saying of the week:**  
**To succeed in life you need three things:**  
**A WISHBONE**  
**A BACKBONE**  
**and**  
**A FUNNY BONE!!!**

## DEPUTY'S CORNER



### Latest Queensland parenting magazine out now, free!

The latest issue of the free Queensland Triple P Tippaper is out now.

The theme for this issue is 'Assertive Discipline' so there are some great tips on effectively guiding children's behaviour. Plus real-life Queensland families and stories including the dad who had to overcome his initial panic at the thought of being home alone with a toddler all day; the mum who saw through the social media 'perfect parent' hype; and ways to encourage kids to grow and eat healthy food.

Look for free copies in your community or read it now online.

### ACTF 2018 My Place Short Story Competition



Australian Children's Television Foundation (ACTF) is launching the 2018 My Place Short Story Competition, a national contest for students in Years 3–6.

Students are required to create an imaginary character in the 2018 My Place series and write about them.

Entries are open on 20 July 2018 and will close 31 August 2018. Visit the ACTF website for more information.

### Online awareness: Information for parents and caregivers



### Positive and responsible technology use

This information offers advice to support your child with having a positive and safer online experience.

The internet is having an increasing influence on the social development of children and how they interact with each other. Social media, smart phones and other technologies provide children with wonderful opportunities to learn, be creative and socialise. However, just as with face-to-face interactions, sometimes bullying and harassment can occur online.

Being online is more often than not a positive and fulfilling experience for children. Content can be posted instantaneously, but the downfall is that children can potentially post messages without thinking about future ramifications. Once it's online, it is there forever.

Importantly, just like in the real world, not everyone is a friend. While people can use apps, websites, chat rooms and other online tools to send positive messages, compliments and congratulatory messages, others can use the technology to send nasty and inappropriate messages to each other.

### Social media tips

- Know which social media (apps or websites) your child uses.
- Create your own social media accounts and add your child as a friend/follower.

### Strong passwords

- Teach your child how to create a strong password. Passwords should feature a

combination of upper and lower case letters, numbers and symbols.

- Encourage the use of passwords for online accounts that differ from school, banking or email logins.
- Make sure they keep their passwords to themselves and have a routine for changing/updating them.

### Effective privacy

- Ask your child to regularly update their privacy settings. Make sure their profile is private and only accessible by people they know.
- Limit the personal details your child shares in online accounts. For example, remove identifying photos, full name, date of birth, home address and telephone numbers. Sharing these can lead to misuse of this information by others.
- Ask your child to use a cartoon avatar for their profile picture or share a photo that doesn't show their face.
- Encourage them to use an online nickname that doesn't contain their full name or give away too much personal detail.
- Teach them to protect their identity.

### Responsible interactivity

- Ensure that your child knows how to block, unfriend and report inappropriate online behaviour.
- Know your child's online friends and followers. It's a good idea to teach your child they shouldn't become friends or communicate with anyone online unless they know and trust them in the real world.
- Encourage your child to think before they share. They should ask themselves, is it true, useful and positive? The things your child says online could affect their friendships, other relationships and prospects for study and work.

- Encourage your child to only use appropriate language and share considered views online.

### STAFF PROFILE: Sharon Kelly

My name is Sharon Kelly and I am currently working in the Health Room. I grew up at Chermside completing grade 12 and went straight into the workforce. I moved to Caboolture around 11 years ago as I wanted land to keep my horses on. I live with my two beautiful children, Jasmine and Jack. Jasmine is 23 and Jack is in grade 5 at this school. We also have 3 dogs and 6 horses.

I have been permanently employed with Qld Health for the last 28 years and have had the pleasure of being seconded to Caboolture State School for the 2nd year. I absolutely love working in the health room and hope to be here for a lot longer. The students make my day every day and love seeing their happy smiling faces even when they aren't feeling well.

In my spare time I like to go on outings and holidays with the family. I also show paint horses and love riding my horses in the forestry behind my house with friends. I also spend a lot of time looking after my acreage, fixing fences and keeping those naughty horses safe.

I feel very privileged to be part of an amazing school with wonderful students and very supportive and friendly staff.

### STUDENT PROFILE: Gabriel

Hi my name is Gabriel and I am the Border house captain for 2018.

I live with my mum, dad and five other siblings.

My hobbies are playing basketball, rugby, volleyball and I enjoy eating my favourite foods. I always compete in every sports day and generally place. This year I was

successful enough to make it to regionals for shot put.

Every year during Multicultural Day I represent my Filipino background. Every fundraising and charity event I always donate, participate and lend a hand.

Some memorable moments this year have been doing sports carnival and winning the shield; making it into regionals for shot put and being taught by Miss Bradley. This year I am also looking forward to year six camp and graduation.

## NO TOYS AT SCHOOL



Recently we seem to have had these items coming into school. Please can we ask that children do NOT bring toys or personal possessions into school! The reason this has always been a school policy is that it causes problems when things get lost, broken or cause disagreements.

## Would you like FREE tutoring and reading support for your child?

**The Smith Family has a Learning club at Caboolture Library (in the meeting room) 3.30 to 4.30pm every Thursday during school terms.**

**To register your child see Tracy Sbresni or call Marion from The Smith Family on 0408 570 673**

## Chappy News



I attended the Chaplaincy conference earlier this week. It was wonderful catching up with friends from across the state and making new friends. Over 700 Qld and ACT Chaplains and SU QLD staff came together to hear about changes in SU, meet new staff, learn strategies, increase knowledge and network. The two electives I attended were: Anxiety and School Refusal and Working With Kinship and Foster Care Students and Families. There was a lot of theory about the impact of trauma on the individual as well as the family unit and a collection of strategies to help out.

### Breakfast Club

We are running low on margarine, cheese spread, jam and honey for the Breakfast Club. If you would like to make a deposit into the well-being of our students, please feel free to drop some spreads off at the Chappy room, front office or into the Health room. Thank you for your continued generosity. We have many wonderful families and staff who regularly support the school in this way.

### Chocolate Fundraiser

I have Cadbury's fundraising chocolates at school. Over the last few years, I have organised a Chocolate Fundraiser to help raise money for camps. I ask for the cost of the chocolates to be paid in advance. This means I can put the new order in when I need to reorder, instead of waiting for money to be returned. If you would like to sell chocolates, call in to the school to talk to me, or your child can collect a permission slip and take the chocolates home with them after the \$30 cost has been paid. Permission slips are also available from the ladies at the front office.

### Coats

The unclaimed coats, with no names and uncollected, will be put out during Breakfast Club

times for children who need them. They can also be collected from the Chappy room during play breaks. Coats which have been lost this term, are still in the health room awaiting their owners.

### **Parents' Day**

This term the **parents' days** will be **on Friday the third of August and the 31<sup>st</sup> of August**. Our guest speaker will be a parent from the school. Andre is changing to a career in Life Coaching. He will share information on what Life Coaching is, how it has helped him and ways it can help us.

City Women is a newer support network starting up in our community. They have mentors trained up in Life Coaching to help families in our local community. These volunteers can walk alongside families through challenges and changes. A spokeswoman will also attend our Parents' day and share information on this new and exciting program.

Our speakers will share strategies we can use to help our family and friends



## Regular school attendance

Did you know? Research shows that in Queensland, higher student attendance at school is associated, on average, with higher student achievement.

### Why is regular attendance at school important?

Regular school attendance will mean that your child gets a better chance at life. Your child will achieve better when they go to school all day, every school day:

- they learn better
- they make friends
- they are happier
- they have a brighter future.

### Why must I send my child to school?

Under Queensland law, you must make sure your child of school age is enrolled and attends school all day, every school day unless they have a reasonable excuse. Illness, doing work experience, competing in a school sporting event or going on a school excursion are reasonable excuses for being absent from school.

Principals decide if the excuse given for your child's absence is reasonable.

Avoid keeping your child away from school for:

- birthdays, shopping, visiting family and friends, if they sleep in, looking after other children, minor check ups or care such as hair cuts.

Routine medical or other health appointments should be made either before or after school or during the school holidays.

While it is a last resort, it is important to understand that you may be prosecuted if your child is not attending school regularly.

### What should I do if our family is going on a holiday in school time?

You are encouraged not to schedule holidays during school time. If your family holiday is during school time, let the school know in advance and talk about what arrangements can be made for your child. Depending on the circumstances the school may be able to provide tasks for your child to complete while they are absent or assist you to organise an exemption from schooling.

### Do I need to let the school know if my child has been away from school?

Yes, you must let the school know the reason why your child is absent from school, if not beforehand, then within two school days of their return to school.

### Having problems getting your child to school for some of these reasons?

- won't get out of bed in the morning
- won't go to bed at night
- can't find their uniform, books, school bag ...
- slow to eat breakfast
- haven't done their homework
- watching TV

Every day counts – Is your child at school today?

[www.education.qld.gov.au/everydaycounts](http://www.education.qld.gov.au/everydaycounts)



Queensland  
Government



- have a test or presentation to do, have an assignment to hand in
- it's their birthday.

#### **A set routine can help**

- have a set time to go to bed
- have a set time to get out of bed
- have uniform and school bag ready the night before
- have a set time for starting and finishing breakfast
- set a time for daily homework activities
- speak about school positively
- be firm, send your child to school every school day including their birthday and the last day of term!

#### **What should I do if my child won't go to school?**

You should contact the school as soon as possible for advice and support.



**Is your child enrolling in Prep at Caboolture State School in 2019?**

**Please come and join in our Pre Prep Friday mornings from 9 am to 10.30 am every fortnight from 17 August, 2018**

**Children and their parents will participate in a prep program to assist their transition to school.**

They will need to bring their hat and a drink bottle (a snack will be provided by the school).



Sessions will be held in the Ngara Room.

Please pop into the office for directions.

It would be great if children could attend most sessions.

Information regarding full enrolment will be provided at the sessions.

Sessions will be fortnightly to 30/11/18





# Every Family



## Parents Stay Positive!



Want to see more of the behaviour you like and less of the behaviour you don't like?

## Join a Free Triple P Positive Parenting Seminar

Seminars available for parents and carers of children up to 12 years old.

**How it works:** Three 90-minute seminars. Do one, two or all three.

**When:**

 **The Power of Positive Parenting**  
Tuesday 28th August 2018 - 6:30pm-8:00pm

 **Raising Confident, Competent Children**  
Tuesday 4th September 2018 - 6:30pm-8:00pm

 **Raising Resilient Children**  
Tuesday 11th September 2018 - 6:30pm-8:00pm

**Where:**

Caboolture Christian Children's Centre  
11- 13 Warner Street, Caboolture

Please arrive 6:15pm for a 6:30pm start

**Book at [www.triplep-parenting.net](http://www.triplep-parenting.net)**

For more information call 0438 937 663 or email [z.karamsimmond@uq.edu.au](mailto:z.karamsimmond@uq.edu.au)





## Caboolture NDIS Education Session

### Access to the NDIS is now available

The National Disability Insurance Agency (NDIA) is working collaboratively with the Department of Education to present an information session about the National Disability Insurance Scheme (NDIS) and how to access the Scheme.

School communities including parents, carers and students are encouraged to come along to learn how to best prepare for the NDIS.

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#### NDIS Education Session

**Venue:** Caboolture East State School

**Date:** Tuesday 21<sup>st</sup> August 2018

**Time:** 5.00pm – 7.00pm

**Address:** 44 Manley Street, Caboolture, 4510.

#### Registration:

Click this [link](#) or visit the Queensland [Events page](#) to register.

Alternatively, email [engagement.qldcentral@ndis.gov.au](mailto:engagement.qldcentral@ndis.gov.au) noting numbers of attendance and any accessibility requirements. Children under adult supervision are welcome.

## School Calendar

# August 2018

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1 <i>Junior Assembly</i>  <i>Incursion— Yr 3 Street Science</i>	2  <i>Last Day to Pay Book Club</i>	3	4	5
6	7  <i>District Athletics Carnival</i>	8  <i>Selected Yr 5 Students— Multicultural Day</i>  <i>Senior Assembly</i>	9	10	11	12
13  <i>Ekka Holiday</i>	14	15  <i>Last Day to pay Gala Days</i>  <i>Junior Assembly</i>	16	17  <i>Gala Day</i>	18	19
20  <i>Years 5 &amp; 6 Street Science State Show</i>	21	22  <i>Senior Assembly</i>	23	24  <i>Prep Qld Museum Visit</i>	25	26
27	28	29  <i>Junior Assembly</i>	30	31  <i>Last Day to Pay— Swimming</i>  <i>Gala Day</i>		

# September 2018

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
3	4	5 <i>Senior Assembly</i>	6 <i>Yr 5 QUT Extreme Science Visit</i>	7	8	9
10	11 <i>Prep—Yr 3 Swimming</i>	12 <i>Junior Assembly  Prep—Yr 3 Swimming</i>	13 <i>Prep—Yr 3 Swimming</i>	14 <i>Prep—Yr 3 Swimming</i>	15	16
17	18 <i>Prep—Yr 3 Swimming</i>	19 <i>Senior Assembly  Prep—Yr 3 Swimming</i>	20 <i>Prep—Yr 3 Swimming</i>	21 <i>Last Day to pay for Yr 6 Camp  Last Day Term 3</i>	22 <i>Last Day to pay for Yr 5 Camp 31st October</i>	23
24	25	26	27	28	29	30